

GREEN Growing: Super Easy Vegetables and Herbs

Rejuvenate and Regrow:

Many vegetables can simply be regrown in water. No green thumb needed! Save money, have fun, grow your own produce, and enjoy renewable vegetables. The kids will love it.

You can also **regrow many herbs in water**, giving you an endless and inexpensive supply at your fingertips.

Reuse and Repurpose:

Is your recycling bin filled with **jars, cans, and plastic containers**? Repurpose them to regrow your vegetables in water or soil. It's easy, free, creative and a great project to do with the kids. If you will be using soil, just poke some holes in the bottom for drainage. Your imagination is the only limit.

Cardboard is a miracle product and can be reused as fast, easy and free garden containers for the season and the kids will have fun with this.

For more information on how to Rejuvenate, Regrow, Reuse and Repurpose to grow vegetables and herbs click [here](#).